

Our Committee and Support

My Mediation Options is backed and informed by a very supportive Steering Committee made up of representatives from the following organisations:

- Aged Rights Advocacy Service
- Multicultural Communities Council of SA
- Multicultural Aged Care
- Office of the Public Advocate
- Relationships Australia SA
- South Australian Police
- University of South Australia

For Interpreting services please call 131 450
Translating and Interpreting Services (TIS National)



My Mediation Options is supported by
Department for Communities and Social Inclusion



Catalyst Foundation is an inclusive, independent and charitable organisation seeking to improve the lives of all South Australians in the areas of Ageing, Disability, Lifestyle, Employment, Business and Learning.



Helpline: (08) 8168 8776
Country SA: 1800 636 368

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www.catalystfoundation.com.au



My Mediation Options

For Culturally and Linguistically
Diverse (CALD) Communities

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Catalyst Foundation

The Catalyst Foundation (formerly Seniors Information Service) is seeking to build awareness and capability in Culturally and Linguistically Diverse (CALD) communities to manage difficult issues around elder abuse and to increase understanding of the service and options available to enable the appropriate assistance and resolution of the elder abuse issues.

A Definition of Elder Abuse

"Abuse of older people is a single, or repeated action (commission) or lack of appropriate action, (omission), occurring within any relationship where there is an expectation of trust which causes harm or distress to an older person...."

It is a violation of human rights and a significant cause of injury, illness, lost productivity, isolation and despair. Confronting and reducing elder abuse requires a multi-sectorial and multidisciplinary approach."

World Health Organisation, 2002

Types of Abuse

The different types of abuse include:

- Physical
- Psychological and emotional
- Financial
- Social
- Neglect
- Sexual
- Chemical or substance abuse



The Project

My Mediation Options – A CALD Perspective is a State Government funded project working with CALD seniors.

The project focuses on raising awareness of the types and prevalence of elder abuse in the community and of preventative services that are available and accessible to CALD seniors who are at risk of or experiencing domestic or elder abuse.

What will the project do?

- It will increase the awareness, capacity and effectiveness of individuals, community organisations and service providers, to prevent and respond more effectively to domestic violence and elder abuse towards CALD seniors
- It will build confidence and capacity in CALD seniors to make informed decisions on how to respond to potential or experienced domestic violence.

How will the project do this?

- Through community champions program
- Raising awareness and providing information through community seminars
- Improving engagement between organisations and supporting communities to utilise practical solutions including mediation strategies for dealing with issues of domestic violence and elder abuse.

How can you become involved?

- Be part of the focus groups
- Respond to surveys that will allow us to measure knowledge and growth in CALD elder abuse matters
- Become a CALD community champion in preventing and educating what elder abuse is within your own communities and receive appropriate training
- Participate in information and awareness sessions focused on CALD community groups and stakeholders.

