

## Useful Contact Numbers

Aboriginal Drug & Alcohol Council	8351 9031
Aboriginal Home Care	8346 9155
Aboriginal Legal Rights Movement Or Country FREECALL	8113 3777 1800 643 222
Aboriginal Wyatt Holidays	1300 224 447
My Aged Care	1800 200 422
Aged Rights Advocacy Service Or Country FREECALL	8232 5377 1800 700 600
Centrelink Indigenous Phone Service	1800 136 308
Family Accommodation Information & Referral Service (FAIRS)	1800 003 308
Housing SA	131 299
Lifeline	131 114
Poisons Information Centre	131 126

*Catalyst Foundation acknowledges and respects the Traditional Custodians of country throughout Australia and their continuing connection to land, sea and community.*

*We recognise the diversity of Aboriginal people and the importance of land, culture and heritage to the Elders and their communities.*

*Catalyst Foundation desires to walk together with the Aboriginal community in parallel on a "Two Ways" journey of cultural and knowledge exchange.*



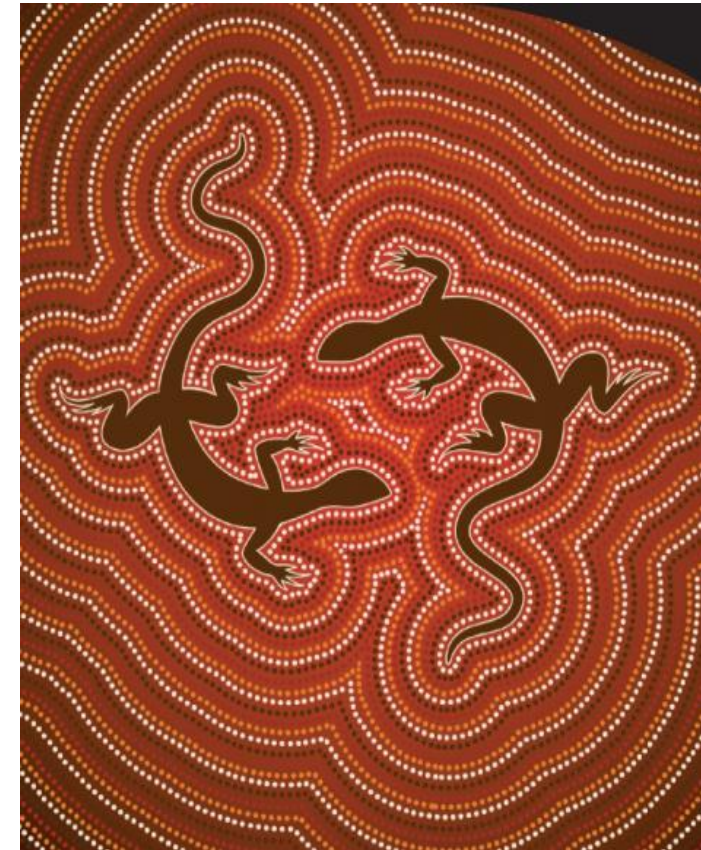
### Find Us on Social Media



149 Currie St, Adelaide  
Postal: GPO Box 1645,  
Adelaide SA 5001

Helpline: (08) 8168 8776  
Country SA: 1800 636 368  
[www.catalystfoundation.com.au](http://www.catalystfoundation.com.au)

# Elders Need to Know



People Helping People

## What We Do

Catalyst Foundation is an inclusive, independent and charitable organization seeking to improve the lives of all South Australians in the areas of Ageing, Disability, Lifestyle, Employment, Business and Learning.

With more than 23 years' experience, Catalyst Foundation helps South Australians access their way through ageing, disability, retirement, lifestyle and health issues, by offering services and connecting people to the services they need to live their lives to the fullest.

Catalyst Foundation is working closely with Aboriginal and Torres Strait Islander peoples to extend our knowledge and support to ensure all South Australians have the best access to care and support to live their life to the fullest.

We offer confidential services for:

- Information and advice on how to access help at home and transition from hospital to home.
- Housing options information on retirement villages, low cost rental, residential parks, supported residential facilities.
- Legal Services Clinic
- Social connection opportunities including lending library and internet lounge.
- Community and group presentations.
- Brochures and factsheets
- Tax Help
- In-house seminars including Financial Planning for Retirement, Estate Planning and Technology training.

## Our Work

### Aboriginal Services Directory



Catalyst Foundation in partnership with Turkindi Inc. (The Indigenous Information Network of SA) is building a comprehensive Aboriginal Services Directory (ASD) with Aboriginal Organisations, Aboriginal businesses (owned or part owned) and non-Aboriginal Organisations and businesses providing specific services to Aboriginal people.

The ASD will benefit the entire SA community and beyond who are looking for Aboriginal-specific organisations and services.



## Out and About

If you are or know of a community group needing information about specific topics relevant to Elders, please call us on (08) 8168 8776.

Catalyst Foundation can provide on-site training on various topics including Accessing Help at Home, Retirement Housing, Aged Care Costs, Estate Planning, Internet Security and more.



### Reconciliation Action Plan (RAP)

The RAP program is a framework for organisations to realise their vision for reconciliation. Through the program, organisations develop a RAP – a business plan that documents what an organization commits to do to contribute to reconciliation in Australia. A RAP will enable Catalyst Foundation to commit to implementing and measuring practical actions that build respectful relationships and create opportunities for Aboriginal and Torres Strait Island peoples.