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ACKNOWLEDGEMENT

We acknowledge the Kaurna peoples who are the traditional Custodians of the land we work from. We acknowledge all Aboriginal and Torres Strait Islander people from other Nations on lands across South Australia and pay our respects to their physical and spiritual connection to land, waters and community, enduring now as it has been throughout time. We pay respect to their culture and to Elders past, present and emerging.

A note on language: the term Aboriginal is used hereafter in this annual report as an allencompassing term for Aboriginal and Torres Strait Islander people and cultures.



Acknowledgement: Kaurna Plains Children's Centre

WHO WE ARE

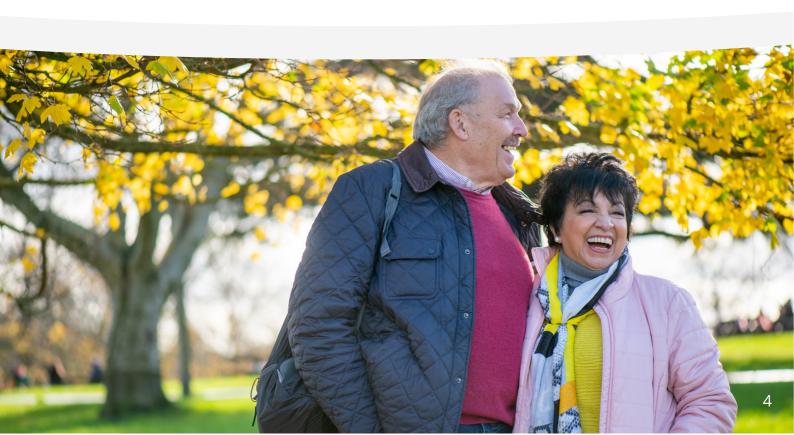
OUR VISION

We exist to support and to assist older, vulnerable and people living with disability in South Australia to achieve better opportunities through self- advocacy, services and support to live their lives as they choose.

OUR MISSION

We provide inclusive, timely and enabling self-advocacy, services and programs to older, vulnerable people and people living with disability, their family, friends and carers to:

- Build confidence and capability to manage their daily lives and as far as possible to live independent, socially connected, fulfilled lives.
- Access their community through supporting and advocating for the person to fully participate in decision making and working together with other professionals and services.
- Meet individual needs of social connection, health, housing, accommodation and daily living.
- Increase wellness and reablement capacity in individuals and support organisations to deliver services through this approach.
- Support relief of illness, infirmity, poverty and social disadvantage.

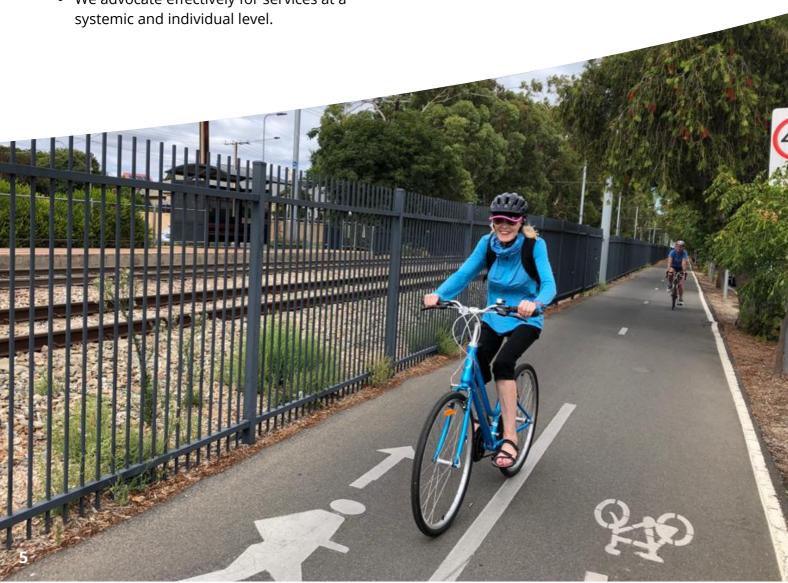


OUR ROLE

- With a focus on wellness and reablement we seek to build capacity in people to address their own challenges and needs.
- We are an independent organisation that translates complex service systems to a wide variety of people, promoting selfadvocacy to access support including building individual capability.
- We are the point of call when people don't know where to start and provide support to vulnerable groups as they transverse many government systems whilst providing opportunities to build capabilities.
- We recognise that throughout life some people move in and out of states of vulnerability.
- We advocate effectively for services at a

OUR VALUES

- We recognise the rights to individual freedom of expression, self-determination and decision making.
- We are flexible and responsive to emerging community needs and vulnerability.
- · We relieve distress and build capability for individuals to self-manage their lives.
- We are volunteer friendly, emphasising the importance of peer-based support where possible, as a way of building sustainable capacity and confidence.
- We seek regular feedback to inform individual and organisation wide service reviews and improvement.



OUR CLIENTS

- People living with disability and older people seeking to live independently and be in control of their lives.
- Frail and ageing people and their families and carers needing to access aged care services, home support and care, respite care, social support and to maintain independence and control in their lives.
- Socially isolated and vulnerable people, through their life experiences of institutional care, racism, sexual and gender identity or socio-economic disadvantage who are experiencing emotional and mental anguish.

- Service providers and community organisations who support the Home Support and Aged Care system.
- New arrivals or long-term unemployed people who reside in South Australia who are socially isolated and for whom volunteering is a pathway to employment.
- Vulnerable job seekers seeking assistance with retraining and maintaining well-being in times of stress.
- People seeking to improve or learn digital literacy skills.

OUR KEY RELATIONSHIPS

- The South Australian community to raise awareness of ageing, disability, health, social and community services available in South Australia.
- Policy Makers and Government Ministers in Commonwealth and State Government

 to provide a reliable and well-respected source of independent, high quality advice on issues affecting the community.
- Government and Local Government
 Organisations to provide advice and
 systemic advocacy on system gaps and
 service needs and improvements and to
 deliver programs and projects that
 address identified policy and community
 needs.

- Peer Organisations to collaborate on issues, projects and opportunities of mutual benefit or of benefit to the community.
- Service Providers in the Commonwealth Home Support Program and in Aged Care Services – to support, train and assist service providers to implement and deliver services within a strengths-based approach focussed on well-being and resilience of the people they serve.
- Non-Government Organisations to work together to advance shared issues to government and the community.
- Private Organisations to be the conduit for information on alternate service availability and to provide value for money services and investigate opportunities for further revenue growth to support our work.



- Our Future is full of possibilities as we work with and respond to community needs and aspirations.
- Our Future has its genesis in our history of being a known, trusted and independent information and support service.
- Our Future will be enriched by creating and developing partnerships and collaborations with other like-minded organisations.
- Our Future builds on our values and commitment to be recognised as offering inclusive services and helping those most vulnerable.
- Our Future will be enhanced by being a responsive and flexible organisation constantly seeking to improve our services and finding innovative ways to deliver beneficial outcomes in the community for older people and people living with disability.



Catalyst Foundation is an umbrella organisation and our core areas are represented in different colours:

LIFESTYLE

Lifestyle, with our work in social support initiatives, as well as our Disability, Ageing and Lifestyle Expo, is represented as crimson.

GROWTH

Growth, as we expand our ventures, is represented as red.

I FARNING

Learning, with our work in digital literacy, seminars and awareness training, is represented as yellow.

DISABILITY

Disability, with our work in Disability information and connecting people to services, is represented as purple.

SOCIAL CAPITAL AND ENTERPRISE

Social Capital and Enterprise, with our work in Ageing SA and collaboration with other organisations to develop joint projects and ventures, is represented as blue.

AGEING

Ageing, with our work through Seniors Information Service, is represented as green.

CHAIR & CHIEF EXECUTIVE'S REPORT

Welcome to the 2021/2022 Annual Report. We are immensely proud of the work we have undertaken this year whilst we continue to adapt to different and new ways of living and working.

In 2021/2022 we have supported over **16,000 South Australians** through our range of services. This marks the eleventh consecutive year we have helped more than 13,000 people per annum.

We, like many aged care and disability service organisations, have experienced disruption to our programs and services this year through the continuation of Covid restrictions. The creation of safe and accessible opportunities for our clients has remained our focus throughout this year and we have continued to strengthen our adaptability and capacity to work smartly and with endeavour.

In July 2021, we took responsibility for the Independent Living Centre (ILCSA) service from the South Australian Government. We have established, developed and operated this service in keeping with the core deliverables of information and advice on independent living options. In its first year, the ILCSA has provide services to 1,640 clients, allied health professionals and service providers. This is a great achievement and we believe we will continue to build access and use of the service in the coming years.

The ILCSA service has supported our organisational aim to foster connections between services and individuals and to be a place where information can be sought with clarity in a personally empowering and welcoming environment. As part of the ILCSA, we have developed an Occupational Therapy (OT) assessment service which has been well received by Government funding agencies and individuals alike. Our OT service is fully independent of in-home service provision, equipment manufacturing and retailing of specific products. This enables the ILCSA to provide independent, specific and individually tailored information.

We were delighted to be able to host the 2021 Disability, Ageing and Lifestyle Expo, #My Life Choices after the cancellation of the Expo in the previous year due to Covid restrictions.

We greatly appreciated the support of the Disability, Ageing and Government sectors to bring the Expo to fruition. We were joined by 190 Exhibitors and over 3.750 visitors.

This outstanding success was supported by our Networking breakfast which brought together over 260 professionals, an increase of 41% on the 2019 breakfast. We were greatly honoured that the Governor of South Australia, Her Excellency the Honourable Frances Adamson AC was able to open the Expo in one of her first official functions.

The Expo contributes to the work we do to support the Aged Care and Disability sector. As part of the Aged Care reforms, we have been increasing our support to the sector and this year provided 125 workshops and training sessions in both online and in person formats. This work is vitally important at a time when reforms are occurring and it assists service providers and the workforce to have access to relevant and current information.

Our work in and with Aboriginal, Culturally and Linguistically Diverse, Veterans and LGBTIQA+ peoples and communities is important in ensuring we are a service for all South Australians. We continue to build trust and connection to our services as we walk alongside and with individuals, organisations and communities.

Throughout 2021/2022 we continued to hear from South Australians that trust and confidence in the Aged Care and Disability systems is mixed and people's experiences vary significantly. Trust is essential to our health and care systems functioning effectively and appropriately. It is underpinned by our beliefs and view that access to services is central to our wellbeing as individuals, as a society, as an organisation and as a country.

Trust means different things to people, however we are proud our Annual Survey of Clients, both individuals and within the sector, has again found that Catalyst Foundation is a trusted organisation exhibiting credibility, competence, integrity and collaboration. We value this feedback and its alignment with our values of independence, fairness, consistency, sincerity, and empathy.



SARAH BARTHOLOMEUSZ BOARD CHAIR JENNY HUGHES
CHIEF EXECUTIVE

Our model of service is based on supporting individuals, their families and carers whilst integrating services to address specific broader community needs such as Housing and Accommodation, Health, Community and Aged Care, Disability and Retirement Living.

In addition, we work across the Commonwealth Home Support, Aged Care, Disability and Health services to support service providers to deliver timely, relevant and culturally appropriate services. We do this from a model of care integration that is community driven, based on shared values and goals, and focussed within collaborative partnerships with other organisations. Our work and Information Directories are aimed at reducing service fragmentation between services and systems by connecting people to services and service organisations across health, housing and community sectors.

Our role in supporting the Commonwealth Home Support sector remains strong and the training and support we offer are increasingly valuable in this time of change. We will continue to liaise with our industry partners, clients, service providers and stakeholders and to advocate at a systemic level for our clients and the communities we serve.

With Covid-19 affecting service delivery again this year we have continued to work in assisting older Australians to increase their digital literacy. This work has been supported by our Volunteer tutors and staff who have made time to assist people to increase their knowledge and understanding of digital technology and its importance in a world where information is mostly found online. We have also worked with the Veterans community and organisations to support Veterans to connect and engage with services, their family, friends and online networks.

The Australian Government and the South Australian Government have continued to support our activities and initiatives. We acknowledge and thank the Australian Government for ongoing support to provide information and support to individuals and service providers in areas such as home support, ageing and the work we do to build knowledge, confidence and capacity in service providers, the sector more generally, the community and with individuals, their families and carers.

Volunteers remain an integral resource in our ability to provide our services, from behind the scenes support for administration and IT to events, peer educators and project advisors. We also acknowledge and thank our board members for their leadership and commitment to our organization and the work it does.

Our volunteers contributed 2830 hours this year, delivering economic value of \$127,633 to our organisation, which is a wonderful effort in this year of Covid restrictions. We thank our volunteers for giving their time and sharing their skills very generously. We could not support the community as we do without this support.

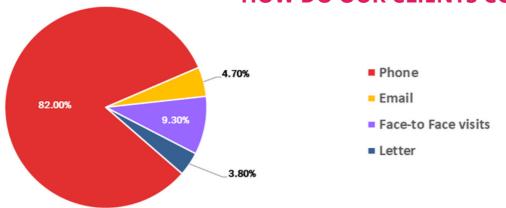
We acknowledge we continue to be in a time of change. Our services remain relevant, warmly regarded and acknowledged by individuals and organisations within the aged care and disability sectors. We thank our dedicated staff who again this year have found ways to be innovative whilst providing a personalised approach to each client's individual circumstances. We are proud of the work our staff and volunteers do to build confidence and capacity in our clients to make informed choices.

We recognise the coming year will have challenges for our organisation. We will continue to review and improve our services to ensure they evolve and meet our client requirements and the many reforms and funding changes in the sector. We will also continue to create and build on connections, advocate for our clients, support the Ageing, Disability and community sectors and be a catalyst for knowledge, understanding and action.

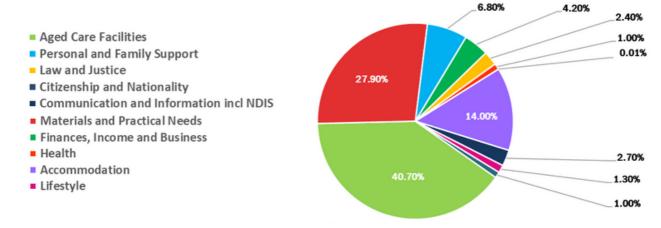
THE FIGURES

Catalyst Foundation works with South Australians living with disability, people on the ageing journey, their families and carers, by providing information, advice and support, offering training courses and seminars and connecting people to services and linking services to each other. The following figures highlight how **valuable**, **wide-spread and inclusive** Catalyst Foundation operations are and the difference our organisation makes to South Australians every day.

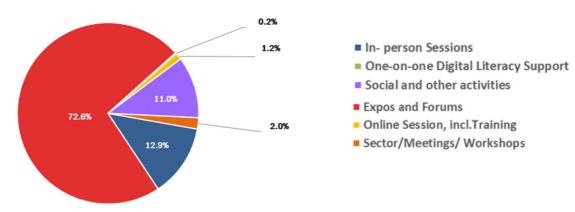
HOW DO OUR CLIENTS CONTACT US?



TYPES OF SERVICES REQUESTED



WHERE DO OUR CLIENTS ATTEND?



FINANCIAL OVERVIEW

The 2021/2022 financial year was a significant challenge for Catalyst Foundation with a loss in the order of \$242,037 compared with a profit of \$159,925 in the 2020/2021 financial year.

This loss is directly related to the transition of the Independent Living Centre SA from the South Australian Government to Catalyst Foundation without financial support. The Catalyst Foundation Board recognised in taking this responsibility it would impact on the organisation's financial reserves to enable this important service to continue. The board acknowledges that the Independent Living Centre SA is an integral part of the organisation's sustainable future.

The financial result in 2022/2023 is expected to improve as the Independent Living Centre SA increases revenue to match operating costs in the near future.

Covid-19 continues to have an impact on the operations and revenues of Catalyst Foundation in 2021/2022. This has occurred, in part, as a consequence of the loss of revenue emanating from the inability to organise and operate the 2020 Disability, Ageing and Lifestyle Expo. The Expo is a flagship event growing in terms of exhibitors, patrons and reputation year on year and is a central component to funds selfgenerated by the organisation.

The increase in expenditure in 2021/2022 is reflected in part, by the addition of the Independent Living Centre SA and the impact on Catalyst's capacity to deliver specific grant funded programs and projects in light of the Covid-19 restrictions.

ELIZA SIMS

AUDIT AND FINANCIAL MANAGEMENT DELEGATE

This impact is reflected in the increased amount of grants in advance from \$48,253 in 2020/2021 to \$313,437 in 2021/2022.

Efficiencies across all functions of Catalyst Foundation were required to ensure the 2021/2022 financials were managed tightly and grant funded programs were delivered effectively within the funding and income generated where possible.

Covid-19 has also affected the income diversification strategy established in 2015/2016 as a consequence of the restrictions preventing program and project delivery. The board and organisation is continuing to adapt to the changing landscape and has a key focus on sustainable strategies to mitigate income generation risk.

The balance sheet remains in a favourable position, with the value of the Foundation's cash and debtors balance being sufficient to meet the total liabilities and future contractual commitments.

The Board recognises that the future post 30 June 2023 continues to remain uncertain. From the current solid base, Catalyst Foundation's agility and responsiveness to identifying and securing funding opportunities will support a continuation of the high-quality service provision the Foundation is recognised for.



HIGHLIGHTS

- Provided information to people and service providers through our websites and service directories. In 2021/2022 we received 61,694 visitors who viewed 219,355 pages.
- Continued to provide accurate, timely and appropriate information on the Commonwealth Home Support Program and Aged Care system, including relevant changes and training to service providers and consumers across South Australia.

Supported a total of 16,041 individuals through our range of services. This marks the 11th consecutive year that we have helped more than 13,000 people.

- Maintained high demand for our online housing and accommodation directories with 33,249 page views and 9,904 users.
- Organised our seventh successful annual Disability Ageing and Lifestyle Expo, #MyLifeChoices; attracting 190 exhibiting organisations and 3,753 Visitors.
- Organised a highly successful Disability and Ageing Sector Networking Breakfast which brought together 260 professionals (an increase of 41.3% compared to the last time this event was held).
- Established 110 collaborative partnerships with community groups and organisations in the sector.

- Connected with a further 4,443 community members and service providers in other expos and forums across South Australia. This continuous connection highlights the information and support we are providing is vital for South Australians to live their lives and maximise their independence.
- Held 39 information sessions on Commonwealth Home Support (CHSP) and other Aged Care matters, an extra 15 sessions compared to 2020/2021.
- Delivered 21 community-based sessions and webinars on Digital Literacy, supported 232 attendees at digital literacy training sessions and assisted a further 13 individuals on a 1:1 basis at our premises.
- Delivered LGBTIQA+ specific training to 135 individuals over 5 sessions and engaged with 590 community members of the Lesbian, Queer and/or questioning, Intesex and Asexual and/or allies (LGBTIQA+) who attended our community activities including coffee groups, community dinners and forums.
- ILCSA provided support and information to 1,640 clients and/or service providers about Independent Living Options and choices, Assistive Technology Aids, Personal Alarms Continence management.
- Acknowledged our volunteers who contributed 2830 hours to our work during 2021/2022, delivering \$127,633 in economic value to our organisation and the community.
- Launched the Wellness Gallery with 187 photos in a free-to-access resource of stock images, depicting wellness and positive ageing in Australia.

CLIENT STORIES

Understanding Home Care Packages Peter and Diana (not their real names) walked into the Catalyst Foundation office visibly upset. Diana had been assessed by My Aged Care (MAC) recently for a home care package but needed support urgently. Diana was unable to understand how to choose a provider, understand the costs involved and navigate the aged care system. Diana was also worried about waiting times to access a home care package approval, but did not know that she could access services and support through the CHSP program whilst she waited for Home Care Package services to be available.

Diana was provided with an opportunity to sit with our staff and to learn how to navigate the MAC system together. Diana was provided with appropriate information that helped her to understand the different tiers of My Aged Care system, finding and choosing a provider, and support and services available through other channels. Diana was linked to My Aged Care to access support through the CHSP program. During the conversation, a barrier to social participation was also identified as Diana had an ongoing fear of falling in a public place. Diana was linked to the Independent Living Centre SA to discuss the option of a Personal alarm, and fall prevention strategies.

This enhanced Diana's confidence in exploring the aged care system and services. Diana is now able to explore the service options and liaise with My Aged Care on her own. Diana was appreciative of our staff's effort in helping her make decisions to be able to live independently and safely.

Retirement Living Joan (not her real name) attended a presentation on downsizing and retirement housing options that Catalyst staff delivered at her local library/community centre. Joan asked for a personal appointment, as she was considering moving to a retirement village and wanted to find the villages in her area that would have affordable units to meet her financial circumstances. Joan also wanted further information on what to look for and the questions to ask when considering a retirement village unit. After the appointment Joan felt she was well informed, with a list of villages likely to meet her needs, the main questions to ask and the various documents she would need to receive from the operator.

Peter (not his real name) was referred to Catalyst Foundation by a Carer Support Planner from Carers SA, who requested Catalyst help Peter with understanding what My Aged Care supports were available and that he and his wife could access. Peter was reaching carer burnout and was unsure what was happening with the My Aged Care approvals they had. Peter was also seeking short term in-home respite. Our staff talked Peter through the process, step by step, so he could determine whether he had received approval for in-home respite through the Commonwealth Home Support Program.

Our staff then checked with Peter if his wife had specific or special needs. Peter mentioned his wife had limited English and preferred to speak in her own language. Our staff searched the My Aged Care website finder for providers of in-home respite covering their area and with service availability.

A service provider was identified that specifically catered for people of his wife's background. Peter was given the contact details for this and relevant other providers.

Carer Support

HOUSING & ACCOMODATION

In 2021/2022 we continued to offer a broad range of housing information and support for service providers and individuals covering the many and varied types of accommodation.

The use of our comprehensive searchable online directory of low-cost rental accommodation, independent living units, supported residential facilities, retirement parks and retirement villages has again been a valuable resource for individuals, families and carers and the wider Aged Care, health and community sector organisations who use the directory to support clients and enable choice. The directory allows users to search by location, unit type, and includes vacancies of the subscribing organisations.

Acknowledging the special needs of many of our clients, we also continue to publish the Rental Housing Directory in print format and in an easy downloadable format on our website. We assisted clients with limited technology skills with searching our own and external resources (e.g. private low-cost rental market).

We maintained our housing information including up-to-date fact sheets, lists of residential parks, retirement housing with aged care on site or adjacent, and a checklist of housing features that ensure your home will suit your increasing needs.

In 2021/2022 we created a new information listing detailing retirement villages offering assisted living options.

These resources are proving to be very important for individual clients, those caring for loved ones and people embarking on the housing transition journey.

In addition, we continued to offer seminars to help our clients to make informed decisions regarding housing, including:

In 2021/2022, our

online directory has

proved to be a very

valuable information

source with 33,249

page views and 9,904

- Retirement Villages
- Downsizing
- Thinking of selling your home
- Aged Care Fees and Charges

Through the website, newsletters, seminars and community forums we also provided information and support to individuals and retirement village resident committees on retirement village legislation and regulations.

For people requiring supported accommodation we continued to offer lists of supported residential facilities and residential aged care vacancy registers and to offer monthly seminars on aged care costs.



VETERANS

In 2020/2021, we saw the beginning of Catalyst Foundations engagement with Veteran Communities through a partnership with RSLSA and The Veteran Wellbeing Centre (Adelaide). The project "The Opening Doors - Tech and Wellbeing tool Box" uses strengths based codesign principles to work with multiple Ex Service Organisations both (regional and metropolitan), to support Veterans to connect with relevant local services.

The aim of the project is to support engagement with local and the wider community by mentoring and guiding Veterans through transition to civilian life and building digital literacy skills/knowledge to connect veterans to social media, and to share information or access services online from multiple sources available.

Our Veterans Project is designed to train and support Veteran volunteer educators to support other Veterans and their families. Consultation with Veterans and Ex Service Organisations directed the project focus, highlighting the need for information and support.

The Catalyst Foundation facilitated the development of digital literacy skills, offered learning programs for Veterans to connect with other Veterans and families.

This project also facilitated access to vital services important to reduce feelings of isolation, anxiety and to increase individual wellbeing and health outcomes.

The Opening Doors supports the Veteran Mental Health and Wellbeing Strategy and National Action Plan (2020-2023) by creating opportunities for networking and collaboration through the Daw Park Veterans Wellbeing Centre and Catalyst Foundation networks. We promoted this information service through RSLSA, the Veterans Wellbeing Centre and 20 Ex Service Organisations networks and communication platforms.

The Opening Doors - Tech and Wellbeing tool Box enabled individuals to receive one on one sessions supporting their learning and their family needs. Group sessions were convened for Veterans families and affiliate members of the Defence Community and over 250 project participants were supported during the 12-month Grant period.

The Opening Doors project was supported by funding from the Department of Veterans Affairs, Australian Government.



LGBTIQA+ COMMUNITIES

LGBTIQA+ eSAFETY FOR YOUNG PEOPLE

The LGBTIQA+ eSafety for young people program is a grant provided under the Online Safety Grants Program (OSGP) administered by the eSafety Commissioner on behalf of the Commonwealth. The grant is a part of the Australian Government's Keeping Our Children Safe Online package. Catalyst Foundation's program aims to provide LGBTIQA+ Young People (LGBTIQA+ YP) with free, accessible and relevant information and support avenues to engage safely online. This resource will also assist and support LGBTIQA+ YP to better equip themselves with tools that allow them to engage as their true identity both online and offline. Currently, Catalyst Foundation is engaging and collaborating with LGBTIQA+ YP and their advocates to co-design and deliver the online informative tools which are relevant to LGBTIQA+ YP. There are 7 stakeholders and 50 LGBTIQA+ YP working with Catalyst to co-design the tools.

RAINBOW DIRECTORY

Rainbow Directory SA is a free online directory of LGBTIQA+ specific and inclusive services across South Australia. The Directory currently has 131 services that deliver culturally appropriate support. In 2021-2022 the website received 3,805 new visitors, and 15,720 views demonstrating its importance to the communities

TRAINING AND PROFESSIONAL DEVELOPMENT

Catalyst Foundation delivers 2 training programs.

LGBTIQA+ Understanding and Awareness is an introductory training program for organisations or workplaces to increase understanding of LGBTIQA+ issues, discrimination, language & terminology.

Toward A Safe Place is a half-day specialised training program for health and community service organisations to equip staff with information and skills to better support LGBTIQA+ people who are experiencing family violence.

LGBTIQA+ SOCIAL GROUPS

Catalyst Foundation continues to organise monthly social activities for LGBTIQA+ peoples aged 50+ a Book Group, Coffee Catchup, Dinner and a Film Group. The groups are held in venues in Adelaide CBD and are well-attended, including the monthly dinner at the Arab Steed which has 30 - 40 regular attendees. Most groups have been running for more than 5 years.

Absolutely fantastic training - a great balance of theoretical frameworks, prevalence. Addressing myths in a gentle, yet challenging, way and opening up discussion about strategies to implement both professionally and personally.

PARTICIPANT OF LGBTIQA+ TRAINING

CULTURALLY & LINGUISTICALLY DIVERSE (CALD) COMMUNITIES

Catalyst Foundation has always and will always build and maintain strong connections with CALD communities through their leaders, volunteers, carers and ethno-specific service providers, to enable us to continuously provide culturally-responsive services.

Our information is updated consistently and in a timely way and we produce our information in plain English language which is easily accessible.

Catalyst has three bilingual-bicultural staff to support information, face to face enquiries and to deliver community and or round table presentations on topics relevant to CALD seniors and their carers.

Following the introduction of the COVID 19 restrictions, we made significant changes in 2020/2021 to the way we delivered our services to CALD communities and individual members. These changes included using different digital mediums of social media, webinars, online meetings and round table conversations.

We also delivered presentations using digital technology to enable CALD older person to stay connected with families, friends and communities.

In 2020/2021, we took a proactive approach and made many calls to different community leaders, volunteers and ethno-specific staff to support information or service needs and to reassure individuals and services available.

We provided links to updated COVID 19 information factsheets in different languages as well as posting any requested information that could be shared with friends and members of communities as needed.

We supported and encouraged individuals and CALD community groups to connect and to support people who may be socially isolated. We were heartened by requests from both CALD groups and individuals to support and train individual members of CALD communities to access digital technology and services including shopping and banking online, how to protect their personal information and to be safe from scammers.

We anticipate and look forward to helping older members of CALD communities into the future to utilise the Catalyst digital IT learning program to create social connections and to access services.



In 2021/2022, we provided support to 28 clients through our Tax Help Centre with the assistance of a volunteer trained by the Australian Taxation Office. This program provides invaluable assistance to lodge annual taxation returns for low-income earners and vulnerable or disadvantaged people. Client numbers continue to grow each year for this important service.

ILCSA - Independent Living Centre SA

This year Catalyst Foundation has successfully facilitated the transition of the previously State Government funded Independent Living Centre service now known as ILCSA, Independent Living Centre South Australia. Recognising the value of the information and support provision this service offers to both professionals and public, Catalyst Foundation has created a new look service including a showroom, opening its doors in August 2021.

ILCSA offers a free call Information Phone Line, Monday to Friday, 9am to 5pm. Phones are staffed by trained health professionals, offering information to public, health professionals and service providers on a vast range of topics including, accessing services, assessments, assistive technology and equipment.

The showroom is accessible by appointment during office hours. Equipment and assistive technology is donated or loaned by a growing list of local suppliers who support the Catalyst Foundation and ILCSA, for display, demonstration and trial use by individuals.

ILCSA has a new website with easy navigation and clear information.

Key core services provided by ILCSA include:

- Occupational Therapy and Allied Health Professional Services - a new initiative with details onlineing process, rates and referral form for assessments.
- Showroom Appointment hours and information.
- Training and Education.
- Personal Alarms Fact sheet, Non PASA & PASA options, forms and eligibility criteria.

- Product Catalogue with information on how to find assistive Technology providers and items.
- Resources information sheets available to health professionals and public.

Community outreach for the ILCSA team has included attendance at Expos, Council forums and Community Social Groups. We have presented information sessions on a variety of topics including the Personal Alert SA Scheme (PASA), offering training and education to service providers and health professionals, providing independent unbiased information on assistive equipment and technologies and devices for individuals to have agency and choice in their lives.

ILCSA has introduced a service, Occupational Therapy and Allied Health Assessments. The assessments are accessed by both Disability and Aged Care Service Providers on behalf of their clients if they do not have their own allied health team, or cannot access them in a timely manner. Self managed clients can also access these services.

ILCSA has partnered with the UniSA Occupational Therapy course to provide student placements in 2021/2022. Students are trained and overseen by the Occupational Therapists learning all facets of Occupational Therapy within the community, aged care and disability. Roles include responding to client and service providers calls, participating in home and showroom assessments, report writing and prescribing equipment overseen by the qualified OTs.





WELLNESS GALLERY

Changing the Narrative of Ageing in Media

The Wellness Gallery is a Catalyst Foundation project, supported by funding from Office for Ageing Well through the Positive Ageing Fellowship Grant. The Wellness Gallery successfully engaged South Australians of all ages to reflect on the concept of ageing (over 50 years old) in media and to contribute to a future society that has moved beyond ageism. Wellness Gallery helped to spread more realistic images of ageing that celebrate age-positivity, authenticity and diversity, through the community-driven development of a new, free, inclusive, age-positive stock image gallery resource.

The Wellness Gallery project was facilitated from 12 months and consisted of 3 parts:

- the "Ageing Well" Photography Competition, which received 78 submissions from the South Australian community. Winners won gift card prizes which were determined by the public votes received.
- the "structured photoshoots" with community groups of senior South Australians, which facilitated 110 new, realistic images of Australian ageing, and engaged 4 volunteer photographers and 5 community groups: RSL Largs Bay, Silver Salties at Seacliff Surf Life Saving Club, Sing Australia, Studio Groove and Catalyst Foundation's LGBTIQA+ Over 50s Book Club.

 ongoing use of the free-to-access resource of stock images, depicting wellness and positive ageing in Australia. The Wellness Gallery launched 187 photos online to the gallery resource via the Wellness Gallery website on 15 May 2022. Many of the images used in this year's annual report were created through the Wellness Gallery project.

Feedback from the project participants provided the following positive feedback:

- Volunteer photographers enjoyed being involved;
- Community groups were interested in being involved with Catalyst Foundation again in the future, and felt that Wellness Gallery staff were friendly and supportive; and
- Community members saw great benefit in the project and its ability to highlight ageism and disseminate natural, accurate photos of Australian people over 50 years old.





LEARNING

With the easing of COVID restrictions, Catalyst Foundation's Learning & Education Program was able to resume its popular in-person workshops and seminars alongside the continuing online events hosted when face - to face gathering had limitations.

Events Included:

- 'Retirement Housing' seminars, with Office for Ageing Well and SARVRA.
- 'Financial Planning for Retirement' presented by Wakefield Partners' Scott Keeley.
- 'Downsizing' seminar, presented by Trevor Elburn.
- 'Estate Planning' presented by Mark Lumley.
- 'Understanding Aged Costs'.
- 'Understanding MyAged Care System'.
- 'Personal Alarms'.
- Managing your Digital Affairs when you no longer can? with Richard Pascoe.
- Online Safety with Richard Pascoe.
- Getting Connected with nbn with Cassandra Norton.
- One Card Digital Library presentation.
- Online Banking and Shopping with John Dunsford.
- Top Ten Tech Tips with Richard Pascoe.

Presentations were offered in person, as well as online and in some cases as a hybrid session so attendees could participate in the way that best suited their needs.

Many of the presenters are volunteers who provide a very valuable service to the Catalyst Community, through sharing their expert knowledge and supporting groups and individuals to seek and source independent information to make informed decisions in their lives.

All learning events are promoted on the Catalyst Foundation website and through Coast FM, a supporter of the Catalyst Foundation.

In 2021/2022 Catalyst Foundation has supported the professional development of those who work in the aged care sector, providing opportunities for organisations to participate in online or face-to-face training sessions.

Topics have included:

- 'Toward Intercultural Competency for Carers' inclusivity when working with CALD and other diverse communities- Presented by Azmiri Mian, founder of AMC: The Change Factor.
- 'Understand MyAged Care' to support clients.
- Translating wellness into practice and service delivery with Dr Fiona Kerr, The NeuroTech Institute and Focus (NTI).
- Reablement Recovery and Independence with Dana Lavenant.
- Organisational Governanace with Sarah Bartholomeusz, You Legal.
- Financial Planning and Governance with Eliza Sims, Nexia Edwards Marshall.





DIGITAL LITERACY

Digital Literacy learning has continued to be very popular with individuals and community groups. Catalyst Foundation seeks to empower people to 'get online' and 'stay safe online'.

During 2021/2022 the focus of Digital Literacy learning topics has been to support the public to access government documents relating to the pandemic.

Popular topics include:

- How to install apps on devices.
- Accessing Covid vaccination certificates.
- Accessing up to date information from Public Health sources to staff safe and informed during the pandemic.
- Navigating My Health Record.
- Understand the value and importance of QR codes
- Scams with particular relevance to those prevalent due to COVID-19.
- Online shopping and banking.

BeConnected's 'Get Online Week' in October, saw Catalyst run a highly successful online webinar session about how to research ancestry online. Libraries SA along with historian and genealogist, Benjamin Hollister, of the organisation, History Helper, guided attendees through the online material that is available. The event was very successful and four lucky attendees of the webinar were presented with an ancestry kit prize giveaway.

Catalyst Foundation also facilitated Digital Literacy groups and 1:1 sessions in various community groups. This year we connected with Veteran communities, delivering digital literacy sessions and supporting clients to connect to services at Jamie Larcombe Centre, Largs Bay RSL, Marion Probus Club, Repat Health Precinct and at the Women's Meeting Place.

"

Bob said -

Digital literacy encompasses the skills required to use technology safely, effectively and responsibly.



The Women45 Collective - (Women's Leadership & Development Program)

Womens45 Collective is a new Catalyst Foundation project supported by funding from the Office for Women, Australian Government, which aims to support women (45 years and over) to become lifelong learners, access flexible careers and business creation through project-based learning, peer support and mentoring within a co-working environment. This project commences in July 2022 and runs until 2024.



ABORIGINAL & TORRES STRAIT ISLANDER COMMUNITIES

THE INTERGENERATIONAL ABORIGINAL COMMUNITY GARDEN & NUTRITIONAL COOKING PROJECT

The Intergenerational Aboriginal Community Garden creates a space where Aboriginal Elders, Youth, the wider community and service providers can come together to connect, learn and share. The garden is multifaceted, addressing many health and wellbeing needs.

It creates the opportunity for **cultural knowledge exchange** and has unmeasurable impacts on the mental, cultural, physical, nutritional and social health/well-being needs of Elders and wider community members. Strong and lasting partnerships across business, services and community have been built through this project.

This project has been the result of 'two ways' partnerships between the Catalyst Foundation and the Kaurna Plains Children's Centre.

We also acknowledge support and contributions from:

- Aboriginal Elders from Northern Carers Network
- Kaurna Plains Primary School
- City of Playford Council
- Bunnings
- Playford Men's Shed Inc
- SA Volunteer and the Sovereign Soil Farm.

The Garden is an extension of the Kaurna Plains Children's Centre which will further **strengthen the connection** between Elders and youth, culture and health - a great approach to holistic health.

It is supported by the 'Grants for Seniors' funding, administered by the *Office for Ageing Well*.



Catalyst Foundation desires to walk together with the Aboriginal community in parallel on a "Two Ways" journey of cultural and knowledge exchange. Catalyst Foundation is working closely with Aboriginal and Torres Strait Islander peoples to extend our knowledge and support to ensure all South Australians have the best access to care and support to live their life to the fullest.



I started volunteering for the Catalyst foundation in March 2021. I've had the pleasure of being involved in the Intergenerational Garden. I have assisted with the making of wicking beds and producing crops for the Elders and community to use and eat. I have really enjoyed this experience and am eternally grateful for the cultural

TRISTAN WATSON

experiences and knowledge gained along the way. Thank you Catalyst Foundation & Kaurna Plains Children's Centre.

Catalyst Foundation supports individuals, Aboriginal controlled and community organisations to understand and navigate the Aged Care system and the Commonwealth Home Support Program (CHSP). Information and education empowers Aboriginal Elders to make informed choices about their care needs.

In 2021/2022, we continued to work collaboratively with Aboriginal & Torres **Strait Islander communities within South Australia. Our Aboriginal Project Officer** supported the provision of culturally safe and culturally-appropriate services.

The Aboriginal Services Directory has 149 listing and had 8,234 visitors who viewed the page 16,788 times, an increase of 56.9% and 44.6% respectively compared to 2020/2021.





Catalyst Foundation acknowledges the First Australians as the Traditional Custodians of the country and their continuing connection to land, sea and community. We recognise the diversity of Aboriginal people and the importance of land, culture and heritage to the Elders and their communities.

EVENTS

We are **committed to supporting our clients**. their families and carers across the state and we have developed a number of specialised courses and events to meet the needs of our community. In all, we have attended or delivered more than 100 information sessions and community meetings and forums across South Australia. We continue to demonstrate our commitment to clients with particular vulnerabilities by delivering our programs at a growing number of events, including:

- ACSA / LASA Webinar Impacts of Changes to the SCHDS Modern
- Aged Care COVID-19 Preparedness, National Webinar
- Aged Care Funding Reforms
- Aged Care Quality Standards Community of Practice
- Aged Care Round table with Minister for Health
- Ageing Well Expo and Celebration, Campbelltown
- AHURI Inquiry into Housing Policies & **Practices**
- ARAS World Elder Abuse Day Online
- COTA SA Policy Council
- DAL Expo #MyLifeChoices 2021
- DANA Board
- Daw Park Veterans Wellbeing Centre stakeholder meeting
- Dementia Alliance Forum
- Department of Health
- Department of Human Services Senior Policy Officer Network
- Executive

- Electoral Commission of SA Disability **Advisory Committee**
- Employment Relations National Seminar
- Empowering Digital Connectivity with nbn
- FEAST
- Golden Grove Living Well Expo
- Helping Heroes Rehabilitation Consultants Project meeting
- Housing Choices SA Residents Day Forum
- Legacy SA Project stakeholder consultation meeting
- Linking Futures, Stakeholders meetings
- National Employment Relations Seminar
- NDIS Community Engagement meeting
- NDIS Forum with Department of Social Services
- NDS CEO Conference
- Digital Literacy ACCAN Roundtable
- Northern CHSP Collaborative
- Office of The Commissioner Children and Young People Grant Research
- Older Persons COVID-19 Social Support Strategy
- Open Arms Veterans Counselling meeting with Assistant Director SA
- Positive Ageing Fellowship Collaborative Meeting -Wellness Gallery
- Remembrance Breakfast Networking, RSLSA
- Retirement Expo Glenelg
- Retirement Village Ministerial Advisory Committee
- Road Safety Key Stakeholder Forum





- Salisbury Community Hub Aged Care Expo
- SAPOL, Cybercrime division eSafety meeting
- Services Australia Multicultural Advisory Committee
- Southern Services Reform Group
- Tauondi Open Day
- Transition to Payment in Arrears (PIA): Lessons Learned from Home Care
- UniSA researchers Dimitrios Saredakis and Tobias Loetscher-virtual reality and Aged Care
- United Nations International Day of People with Disabilities
- Veterans Digital Literacy Veterans SA meeting
- Veterans Digital Literacy Jamie Larcombe Centre collaboration
- Veterans Digital Literacy SA Health Collaboration
- Veterans Meeting with Steven Marshall MP
- Vikram Chopra, Viridian Advisory Financial Services
- Virtual Consultation Meeting with NDIS and CALD organisations
- Western Linkages CHSP Collaborative
- Youngcare National At Home Grants Panel
- Youth Detention Centre, Kurlana Tapa Youth Training Centre KTYTC Virtual Meeting

DISABILITY, AGEING AND LIFESTYLE EXPO 2021 #MyLifeChoices

The 2021 Disability, Ageing and Lifestyle Expo #MyLifeChoices was held at the Adelaide Showgrounds on Thursday 14 October 2021 and once again lived up to its name as Adelaide's largest and most iconic Disability and Ageing community event!

190 businesses and organisations took the opportunity to have face-to-face interaction with prospective customers and supporters.

The Wayville Pavilion was a beehive of activity with 3,753 attendees gaining access to up-to-date information and discovering pathways, exploring options, trying out products, meeting service

providers and enjoying a nice day out at this engaging community event.

Over 99% of attendees said they would recommend this expo to a family member or friend.

Catalyst Foundation was honoured Her Excellency the Honourable Frances Adamson AC, Governor of South Australia opened the Expo and launched the Independent Living Centre SA.

Catalyst Foundation was honoured Her Excellency the Honourable Frances Adamson AC, Governor of South Australia opened the Expo and launched the Independent Living Centre SA.

Her Excellency acknowledged the importance of the work, collaboration and commitment of disability, ageing and lifestyle providers at the Expo and the role Catalyst Foundation plays in enabling accurate, timely and relevant information and advice to individuals, carers and supporters to access services and products which support independence and choice in the lives of South Australians.

Ngarrindjeri Narungga Kaurna man Robert Taylor gave a Welcome to Country and Guest Speaker Anthony Black, Head of Risk and National Care Practice Leader from Ansvar Australia presented on "Governing for Vulnerable People".

Attendees commented on the thought-provoking presentation and took the opportunity to build relationships, connect with potential partners, develop business opportunities and gain advice and insights from other industry professionals.

The success of our Expo's has led to requests for Regional Expos. Catalyst Foundation is busily planning its first Regional Expo for the Yorke Peninsula to be held July 2022 in Kadina.



SCAN TO VISIT THE



OUR BOARD

SARAH BARTHOLOMEUSZ BOARD CHAIR

Sarah is the Founder and Principal of award-winning commercial law firm, You Legal. You Legal is a new category of law firm providing commercial legal services to Australian clients. In addition to her B.A. and LL.B from the University of Adelaide, Sarah has a Graduate Diploma of Applied Corporate Governance from the Governance Institute of Australia Ltd, of which she is a Fellow. Sarah is also a Facilitator for the Australian Institute of Directors Company Director's Course and a Member of the Law Society of South Australia.

In addition to Chairing our Board, her business and publishing, Sarah is a Non- Executive Director of Shine SA, a not-for-profit provider of primary care services & education for sexual and relationship wellbeing. She also co-chairs the Solstice Media 40 Under 40 Alumni Committee and volunteers as a Member Leader within the global non-profit the Entrepreneur's Organisation.

Her most important role is as wife to Dave and mum to Alex and Nicola.

JOANNA (JO) CARRICK BOARD MEMBER (from December 2021)

Jo has over 15 years of experience in relationship and program development in the continuing and higher education sectors.

Jo recently joined the Leaders Institute of SA, incorporating the Governor's Leadership Foundation, as their Relationship Manager. She is interested and experienced in building strong, productive relationships with diverse collaborators to achieve tangible, value-based outcomes. Jo has lived in number of different countries from an early age, sparking a lifelong interest in culture and belonging. She has had diverse working life, from packing biscuits and cleaning pubs to academia and equal opportunity projects. Jo is passionate about cocreating spaces in which equity, diversity, and inclusion flourish and leaders at all levels thrive and create a positive impact. She has Bachelor of Arts (Communication Studies), Diploma

Project Management (Applied), a Certificate IV (Training & Assessment) and is completing her Diploma in Learning Design.

Jo joined the Board in early 2016 and brings experience in business development, relationship management and marketing to Catalyst Foundation.

PETER GRAVES BOARD MEMBER

Peter specialises in business capability development. He led a national business advisory firm for 15 years working extensively with industry, enterprises and government in initiating new ways of thinking. This has focused on working at an executive level to advise enterprises on their strategy and aligning leadership, operational, system and workforce capability to deliver the results.

Peter's current national role, Social Enterprise Hub (SEH) Manager at Torrens University focuses on building long term relationships with social enterprises, NFPs and causes. The (SEH) provides business support services to these enterprises via supervised student projects. The aim is to provide thought leadership to the social enterprise agenda both locally and globally, whilst students being recognised for their work readiness.

Peter's role as CEO of Living Well International has contributed to his understanding of the ageing and disability sectors.

Peter's strength lies in the ability to bring together those with a vested interest in a region, industry or enterprise or cause to create shared purpose, direction and action. He helps enterprises identify and address the difficult issues. Peter has developed and facilitated partnership approaches in a diversity of sectors including health, aged care, disability, manufacturing, hospitality, food and wine, technology, education, public sector, social enterprise, export.

DR FIONA KERR DEPUTY CHAIR (to November 2021)

Dr Fiona Kerr is the founder and CEO of The NeuroTech Institute and Focus (NTI), which research and consult in the neurophysiology of human interaction and how this differs with and through technology. This is particularly pertinent to the impacts of direct and technologically intermediated interaction on aged and health care, healing, trust, creating positive behaviour change and decision making. Fiona also consults on building and scaling systems, including human-centric technologized healthcare systems, and living and ageing well.

Dr Kerr's qualifications include complex systems engineering, cognitive neuroscience, psychology and anthropology, built up over forty years, with over thirty years in industry. She is an international speaker, appears regularly in media and works across five countries with companies, research bodies and governments. Fiona holds advisory and board positions both here and overseas including the Catalyst Foundation, Bionics Queensland, the Validation Therapy Consortium and Finland's National Al Steering Committee, is a member of The Health and Medical Industries Ministerial Advisory Panel and holds honorary academic roles with UCD, SAHMRI and UniAdelaide.

ELIZABETH (LIBBY) DUDLEY KOSMALA, OAM BOARD MEMBER

Libby has lived with disability since birth and is a well-known sporting identity in South Australia and across the world having participated in 12 Paralympics. Libby has spent her life contributing back to the community through Community based and Government Boards and has significant board experience at an executive and member level.

Libby has experience of both the ageing and disability systems as a participant and advisor and has significant networks across both the disability and aging sectors, assisting charities to raise funds over many years. Libby is currently the Chair of Domiciliary Care Consumer Advisory Committee and also a current community member of the National Physiotherapy Board. Libby is an Ambassador for Dignity in Care for Disability Services SA and Junction Australia (Housing) and a patron for Technical Aid for the Disabled in SA.

AZMIRI MIAN BOARD MEMBER (to February 2022)

Azmiri is the founder of AMC: The Change Factor. She is an Accredited Mental Health Social Worker and passionate about mental health, especially in the workplace.

Azmiri has extensive leadership and management experience in both the government and non-government sectors. She has worked in health, mental health, Indigenous health, education, aged care quality and compliance and disability employment sectors. Azmiri is an experienced presenter on intercultural competency and inclusivity when working with CALD and other diverse communities.

Azmiri has completed training in Aboriginal Mental Health and Suicide Prevention, is currently on the White Ribbon Australia State Committee and the Secretary for the Adelaide Mosque Islamic Society of South Australia (AMISSA) Inc. Azmiri volunteers as a counsellor with AMISSA, supporting community members and families who are in crisis or need support managing their mental health and well- being.

ANGELA ALLISON AUDIT & FINANCIAL MANAGEMENT DELEGATE (to November 2021)

Angela joined the board of Catalyst Foundation in February 2014, bringing extensive financial and corporate governance skills and experience. Angela has a Bachelor of Arts, Accounting from the University of South Australia, a Diploma in Project Management (AIMSA), CPA and a Graduate of the Australian Institute of Directors Company Directors.

Angela is an accomplished advisor and mentor in addition to having over 30 years' experience in financial, governance and strategic leadership roles across government and is currently the Director Business and Partnerships at the South Australian Housing Authority. Her other Board appointments include Slingsby Theatre Company.



Vince Buckskin is a Narrunga/ Kaurna man who has and is working strongly with Aboriginal communities including in his current role as Aboriginal Cultural Advisor, Transitional Care Program, Country Health SA, Local Health Network providing positive health outcomes for Aboriginal people in Country SA.

Prior to this role, Vince worked as an Aboriginal Youth, Training Employment Officer at Point Pearce Aboriginal Community, focusing on opportunities for young Aboriginal people living on Yorke Peninsula.

Vince has also worked in the Australian Bureau of Statistics providing information to Aboriginal people on the census process as well as working in the Local Government Association focusing on employment opportunities for Aboriginal people in Local Councils throughout SA.

Vince continues to be both a leader and an educator in supporting cultural heritage and inclusiveness across all sectors.

ELIZA SIMS AUDIT & FINANCIAL MANAGEMENT DELEGATE (from December 2021)

Eliza is a Manager in Nexia Edwards Marshall's Business Consulting and Taxation divisions. Her passion is to assist clients with their strategic and taxation needs, and day-to-day operations of their business including cash flow management, budget analysis and monthly management reporting. Eliza has a wealth of knowledge in the health industry including management and board reporting, GST considerations, cash flow management and business efficiencies.

Eliza holds a Master of Professional Accounting degree and is a member of Chartered Accountants Australia and New Zealand. She also has a Master of Public Health, and Bachelor of Exercise Physiology and Science, completing her Masters project in factors for keeping the ageing population in their own homes (independent living) and strategies to improve outcomes.

OUR STAFF

As our organisation continues to grow, evolve and change we are able to provide valuable services to the community due to the contribution of our highly skilled, knowledgeable and friendly staff. In the past financial year, the following staff members have helped Catalyst Foundation to deliver services or projects to South Australians.

Ann Shipley
Caitlin O'Toole
Carol Lindner
Claire Zalipka
Deb Auricht
George Gouzounis
Jan Day
Jenny Hughes
John Moran
Kathryn Giles
Leah Meier
Leanne Schmidt

Liam Howard
Lucy Hackworth
Luisa Silveira
Luke Adamson
Ravinder Bhogal
Roopinder Singh
Sakshi Sharma
Sarah Agius
Sarah Childs
Sean Graetz
Shaez Mortimer
Veronica Davila

OUR VOLUNTEERS

Thank you to all our amazing volunteers!

Angela Allison
Anne Fraser
Annie Parkinson
Belinda Shiell
Brenda Maddern
Caitlin McBride
Cammie Besselaar
Carol Durrans
Cassandra Norton
Cedric Villamil
Clifford Joseph
Dianne O'Donohue
Dr Fiona Kerr
Elizabeth Dudley Kosala OAM

Eliza Sims

Greg Ellis

Heather Burns

James Brenner James Devine Jan Squire Janet Parkinson Jeffrey Donnell **Joanne Carrick** John Dunsford Jose Restrepo Julie Spears Peter Cates Peter Graves Phurwa Sherpa Pi Chien Raelene Donnell Richard Pascoe **Rob Ayles** Rob Maddern

Robyn Tillett
Roger Adamson
Rohan Watts
Sakshi Sharma
Samuel Paproth
Sarah Bartholomeusz
Scott Keeley
Taryn Steele
Terrance Crabb
Terry Keeffe
Trevor Elburn
Trevor Thomas
Tristan Watson
Vince Buckskin
Zoran Radenovic

ZORAN RADENOVIC

"I like volunteering because I like helping the organisation and I meet a lot of different people. You're making a contribution and learning new skills. Volunteering also helps the time go faster."





CAROL DURRANS

"I retired in 2011 after 50 years in the workforce. I loved retirement but missed being part of a team. I started at SIS and now Catalyst in 2012. I enjoy being a volunteer. I meet new people, form friendships, and learn new skills. Volunteering at Catalyst provides me with a sense of purpose. It allows me to connect to our community and help in many different ways. It makes me happy."

OUR SUPPORTERS & PARTNERS

FUNDING BODIES

- Australian Government
- Department of Health
- Department of Veteran's Affairs
- Department of Social Services
- Good Things Foundation (on behalf of Australian Government)
- National Indigenous Australians Agency
- South Australian Government
- Department of Human Services
- · Office for Ageing Well
- 360 Private Mark Lumley
- ACSA / Better Practice Project Dana Lavenant
- Advocacy for Disability Access and Inclusion
- Aged Care Financial Information Services -Paul Carberry
- Aged Care Housing Group
- ARAS
- Australian Migrant Resource Centre
- Australian Taxation Office
- BFriend
- CALD Ageing Alliance
- Carers Association of SA
- Chinese Welfare Services of SA Inc
- City of Adelaide
- · City of Burnside
- City of Campbelltown
- City of Charles Sturt
- City of Marion
- · City of Playford
- City of Port Adelaide Enfield
- City of Salisbury
- · City of Unley
- Country Health SA
- Daw Park, Veterans Wellbeing Centre
- DANA Disability Advocacy Network Australia
- Dementia Australia (SA)
- Department of Human Services
- Department of Infrastructure and Transport
- Eastern Regional Collaborative Project
- ECH
- Electoral Commission of South Australia
- Greek Women's Society
- · Helping Hand
- Kurlana Tapa Young Training Centre
- Largs Bay RSL
- Legacy SA

- LGBTI+ Ageing and Aged Care Network
- Linking Futures
- Multicultural Age Care Inc.
- Multicultural Communities Council of SA
- Muslim Women's Association of SA
- My House My Home Trevor Elburn
- National Seniors
- NBN incl. Cassandra Norton and Rohan Watts
- NDIA
- Northern Carers Network A Service of Centacare Catholic Family Services
- Northern Collaborative Project
- Northern Nunga Network
- Office for Ageing Well incl. Lucy Hosking
- Parkinsons SA
- Plympton Glenelg RSL
- Positive Ageing SA
- Reconciliation SA
- Relationships Australia
- RSLSA
- SAPOL, Cybercrime eSafety
- Service SA
- South Australian Housing Authority
- South Australian Residential Parks Resident's Association (SARPRA)
- South Australian Retirement Village Residents Association of SA (SARVRA)
- Southern Services Reform Group
- St Louis Community Care
- TAFE SA
- The Adelaide Tech Guy, Richard Pascoe
- The CHANGE FACTOR, Azmiri Mian
- Turkindi Information Network
- Uniting Communities
- Uniting SA
- University of South Australia (UniSA)
- Volunteering SA & NT Inc.
- Wakefield Partners
- Western Linkages CHSP



MEMBERSHIPS

In order to provide the best possible service quality and reliable information to those who require our support, we are a member or contributor to the following organisations and key committees/ forums:

- Services Australia Regional Multicultural Forum
- Council on the Ageing SA (COTA SA) Policy Committee
- Department of Human Services Consultative Forum
- Lesbian, Gay, Bisexual, Transgender and Intersex Ageing and Aged Care Network
- Migrant Women Support Services
- Migrant Women's Lobby Group
- National Seniors
- Reconciliation Australia
- Retirement Village Ministerial Advisory Committee
- SA Community Transport Association
- Turkindi Information Service
- Veterans and Veterans Families Counselling Service
- Volunteering SA & NT
- Young Care Australia

AUSPICING

Catalyst Foundation continues to support the valuable work of voluntary, unincorporated organisations. In 2020/2021 we supported and auspiced the operation of the Advanced Care Planning Barossa Light Gawler Reference Group to support their work in the region to increase awareness of Advanced Care planning and its importance in planning for individual health needs and treatment requirements.

Our Supporters & Partners

- RSL Largs Bay
- RSLSA
- Marion Probus Club
- Jamie Larcombe Centre
- Silver Salties at Seacliff Surf Life Saving Club
- Studio Groove
- Sing Australia
- TAFE SA
- SHINE SA
- Headspace
- Uniting Communities / Bfriend
- Transcend SA
- Department of Education South Australia

















Catalyst Foundation

(Including Seniors Information Service)

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Email: information@catalystfoundation.com.au



Website: www.catalystfoundation.com.au





LinkedIn **Catalyst Foundation**





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